



HealthiestWeight

LIVING WELL WITH DIABETES



Have you completed the Diabetes Self Management Classes? Would you like some accountability to help you plan your new healthy lifestyle?

Join our **Living Well With Diabetes** Class. Give us a call today!

Mondays from 11:00 am - 12:00 pm

AD Harris Education Center, Building 1 Room 5

819 E. 11th St. Panama City, FL 32401

Florida Department of Health Bay County

Diabetes Services Program (850) 872-4455 x1460

Call to Register & Start Living Well!

www.bay.floridahealth.gov